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Nutritious, safe, and sustainable seafood for consumers

# Listeria-specific bacteriophages for safer ready-to-eat seafood

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# Listeria monocytogenes responsible for listeriosis



2,621 cases of listeriosis confirmed in 2019.

High mortality rate

Stable trend of listeriosis cases during 2015-2019

300 related deaths in 2019, which implies a high fatality rate of 17.6% in at-risk-groups (elderly people, pregnant women, newborns, and immunocompromised patients).

Seafood products related outbreaks



Prevalence of *L.monocytogenes* in **fresh**, **minimally processed** and **ready-to-eat (RTE)** seafood products.

Consumption of contaminated seafood products is one of the most common causes of listeriosis.

Need to improve the control of Listeria monocytogenes in seafood

EFSA and ECDC, 2021



## The challenge: Listeria monocytogenes control





#### Regulation

Regulation (EC)
No 2073/2005
of microbiological criteria
for food stuffs, including food
safety criteria for *Lm* 



Seafood Industry
Public Health

**RTE** seafood

Innovative Solutions

Food Safety
Control Strategies

consumed without further treatment or cooking



# Bacteriophages as food safety agents

Bacteriophages (phages) are viruses that **naturally** infect **specific bacteria**.

Most abundant organisms on earth: they are everywhere

Part of the natural microbiota present in the food, including **seafood** 

Highly specific

Widely distributed

Often consumed in our diet

and humans

No impact on other bacteria

Present in the food, the host or the environment

No impact on organoleptic food properties

Phages do not alter normal sensory properties (odour, colour...)

SEAFO D TOMORROW

Each phage can target a **few strains** of a single or different
species within the **same genus** 

Harmless to plants, animals and humans

against bacteria

**Exclusive** 

## Bacteriophages as food safety agents



**Objective** 

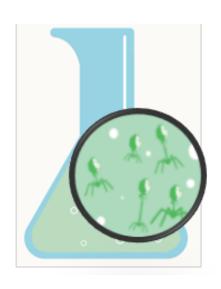
To develop a **bacteriophage-based solution** to control *L. monocytogenes* in seafood products





### Listeria-specific bacteriophages for safer seafood

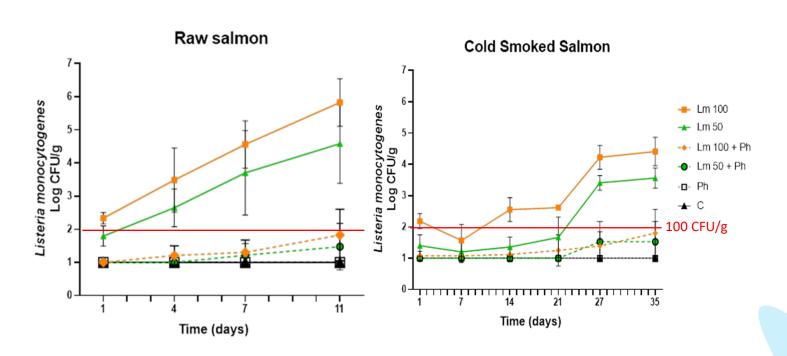




- ✓ A *Listeria* specific **bacteriophage cocktail** with 5 well-characterized **complementary phages**
- ✓ Effective against a **broader range** of *Listeria* strains than single monophages
- √ > 90% of Listeria isolates of relevance for the seafood industry
- ✓ Stable under application conditions of temperature (4-25°C) and pH (2-9.5)
- ✓ Shelf life of **6 months**
- ✓ Able to be produced at industrial commercial scale to optimal yields

### Listeria-specific bacteriophages for safer seafood

#### SEAFO DO TOMORROW







✓ Able to **reduce** initial **L.monocytogenes load** and keep it **below the legal limit** of 100 CFU/g at the end of the shelf-life of both raw salmon and cold smoked salmon.

#### Regulatory status

Only few countries have developed legislation concerning food applications of bacteriophages:

- > USA: USDA approval as processing aid and GRAS-status by FDA after showing that application is safe and provide a benefit for the consumer.
- > Switzerland, Israel, Canada, Australia, New Zealand or Brazil: Health authorities approved specific applications as **processing aid.**
- > EU: No clear path on how to register a phage product.
  - Three positive scientific opinions of the EFSA Panel on Biological Hazards (BIOHAZ): safe and effective.
  - European Commission did not agree on a regulatory path on the use of phages in foods, and relegated the responsibility back to the individual member states.
  - Discrepancies about whether phages should be considered as food aditives (labelled) or as processing aids.
  - The Netherlands approved a temporary authorization for the application of phages as **processing aid** in chicken meat.





EFSA Journal 2012:10(3):2615

#### SCIENTIFIC OPINION

Scientific Opinion on the evaluation of the safety and efficacy of Listex<sup>TM</sup> P100 for the removal of *Listeria monocytogenes* surface contamination of raw fish1

EFSA Panel on Biological Hazards (BIOHAZ)2,3

European Food Safety Authority (EFSA), Parma, Italy

This scientific output, published on 19 April 2012, replaces the earlier version published on 20 March 2012.\*

#### ABSTRACT

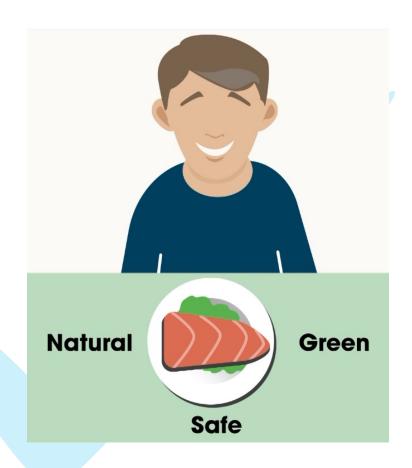
Studies evaluating the safety and efficacy of Listex<sup>TM</sup> P100 to reduce Listeria monocytogenes contamination on raw fish were assessed. The material should not present human toxicological problems because the bacteriophage P100, used as active principle, is not regarded as harmful to consumers nor to organisms other than Listeria spp., and because the fabrication parameters do not include anything obvious that might compromise safety. Data of studies considered indicate that Listex<sup>TM</sup> P100 is listericidal on inoculated catfish and salmon samples, but do not allow definitive conclusions on efficacy in reducing L. monocytogenes counts on raw fish nor on its impact on L. monocytogenes contamination levels in finished product. It was not possible to estimate the potential listeriosis risk reduction by treating raw fish with Listex<sup>TM</sup> P100. The data were not adequate to allow firm conclusions on persistence or activity of P100 in stored fish. The proposed use of ListexTM P100 is unlikely to result in emergence of reduced susceptibility to biocides and/or resistance to key therapeutic antimicrobials: however, this conclusion may need verification. No information was provided on survival of P100 in processing wastewater or the environment, or on the potential accumulation of naturally P100 resistant L. monocytogenes variants. Pilot and industrial scale studies should consider parameters affecting decontaminating efficacy, and should verify that application on raw fish has an impact on reduction of L. monocytogenes contamination on the final product. The persistence or activity of P100 as well as potential changes in L. monocytogenes counts should be evaluated during fish storage. Tests to investigate potential development of resistance or reduced susceptibility to biocides and key therapeutic



#### **Conclusions**



- ✓ Biological properties of lytic bacteriophages, as well as the new data on the effectiveness of *Listeria*-specific bacteriophages on seafood products, make bacteriophage biocontrol a promising strategy for seafood safety applications.
- ✓ Use of *Listeria* bacteriophages could contribute as an additional innovative solution in a multi-hurdle approach to control the prevalence of *L. monocytogenes* in seafood products.





#### Thank You

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